

AFTERCARE INSTRUCTIONS

MICROBLADING AND/OR SHADING PROCEDURE



Final Microblading results depend greatly on how well you take care of your eyebrows post-procedure. It is completely normal for some hair strokes to 'fall out' during the healing process. They will go through a fading phase and then reappear once the skin is fully healed. Any adjustments to color or shape can be made at your touch-up appointment. This process can be a bit of a roller coaster so please be patient for your final results. To assure you get the best results it is important to follow these instructions.

Please restrict your physical activities such as exercising, being in direct sun and recreational water activities (including but not limited to gardening, hot-tub use, pool, Jacuzzi or going to the beach). Please also limit your exposure to pets for the first 24 hours as they can harbor bacteria and introduce it to your fresh brows. Infection is possible if you do not keep the area clean.

Please keep your eyebrows as dry as possible while they heal. This includes any lotions, ointments, makeup, etc.

- *DO NOT get your eyebrows wet at all for the first 24 hours after your appointment. You can wash your face but please avoid the brow area. Once the 24-hour mark has passed you can GENTLY wash with a gentle cleanser and pat dry.
- *DO NOT rub or scrub the area.
- *DO NOT wax your eyebrows until after the hair strokes have healed.
- *DO NOT apply makeup to your brow area until the hair strokes have healed.
- *DO NOT rub or pick at the area.
- *DO NOT exercise for 3-5 days. This is crucial for the day of and after your procedure.
- *DO NOT swim or soak in a hot tub or jacuzzi until the tattoo is completely healed. Showers are fine.
- *DO NOT tan for at least 10 days after treatment, this includes spray tans.
- *DO NOT use harsh cleansers or exfoliators on the area, including alcohol.
- *DO NOT receive a glycolic peel or laser treatment until 6 weeks after your Microblading treatment.
- *Please DO use sunscreen on your brows AFTER they have fully healed. This will prolong their appearance.

Redness, light swelling, and tenderness are common after your Microblading procedure. The following are signs and symptoms of minor infection and do not require medical attention: redness, swelling, painful and hot to the touch around the procedure site. Seek immediate medical attention if you have any signs or symptoms of major infection such as fever, streaking around procedure site or purulent drainage from the procedure site.

If you have any questions or concerns please call.